LUNCHTIME CO

Commencing: 18th Apr, 9th May, 6th Jun, 27th Jun, 18th Jul, 12th Sep, 3rd Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (SE)	Hot Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup (G) (W) (SU) (SO) (SE)	Creamy Chicken Sweetcorn Pasta Bake Served with Garlic & Herb Bread, Fresh Salad (G) (W) (MK) (SO)	Farm Assured Roast Chicken with Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy (G) (W) (E) (MK)	Cod Fish Fingers served with Chips, Garden Peas and Baked Beans *Salmon Fish Fingers Available (G) (W) (F)
Meat Free	Southern Fried Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (E) (MK) (SE)	Quorn Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup (G) (W) (B) (MK) (E) (SE)	Classic Macaroni Cheese Served with Garlic and Herb Bread, Fresh Salad (G) (W) (MK) (SO)	Quorn Roast with Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy (G) (W) (E) (MK)	Vegetable Sausage served with Chips, Garden Peas and Baked Beans and Tomato Ketchup (G) (W) (B) (E) (MK)
Jackets	Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)
Lunchtime Lunchbox	Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	Ham Salad Sandwich Cheese Straw Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	Chicken Mayo Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE) (SO)	Tuna Mayo Sandwich Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts (G)(W)(F)(E)(SE)(SO)(SU)	Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (B) (E) (MK) (SE)
Desserts	Chocolate Brownie Fresh Fruit	Marbel Cake Fresh Fruit	Fruit Crunch Fresh Fruit	Forest Fruit Muffins Fresh Fruit	Lemon Shortbread Fresh Fruit
	(G) (W) (E) (MK)	(G) (W) (E) (MK)	(G) (W) (MK) (E)	(G) (W) (E) (MK)	(G) (W) (MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings





Commencing: 25th Apr, 16th May, 13th Jun, 4th Jul, 29th Aug, 19th Sep, 10th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hand Made BBQ Chicken Pizza served with Potatoes Wedges and Fresh Salad	Butcher's Sausages served with Mashed Potatoes and Baked Beans	Pasta Bolognese served with Mixed Vegetables and Garlic Bread	Farm Assured Roast Chicken with Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G)(W)(B)(SO)(MK)(C)(E)	(G) (W) (SU) (MK) (SO)	(G) (W) (MK) (SO)	(G) (W) (E) (MK)	(G) (W) (F)
Meat Free	Hand Made Cheese and Tomato Pizza served with Potatoes Wedges and Fresh Salad	Vegetarian Sausages served with Mashed Potatoes and Baked Beans	Mediterranean Vegetable and Tomato Pasta with Mixed Vegetables and Garlic Bread	Quorn Roast with Potatoes, Carrot & Broccoli, Stuffing and Gravy	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G)(W)(B)(SO)(MK)(C)(E)	(G) (W) (B) (E) (MK)	(G) (W) (MK) (SO)	(G) (W) (E)	(G) (W)
Jackets	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad
	(MK)	(MK)	(MK)	(MK)	(MK)
Lunchtime Lunchbox	Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	Ham Salad Sandwich Cheese Straw Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	Chicken Mayo Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE) (SO)	Tuna Mayo Sandwich Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts (G)(W)(F)(E)(SE)(SO)(SU)	Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (B) (E) (MK) (SE)
Desserts	Rice Krispie Cake Fresh Fruit	Cherry Flapjack Fresh Fruit	Banana & Toffee Cake Fresh Fruit	Lemon Drizzle Fresh Fruit	Short Bread Finger Fresh Fruit
	(G) (W) (B) (MK)	(G) (W) (B)	(G) (W) (E) (MK)	(G) (W) (MK)	(G) (W) (MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings





Commencing: 2nd May, 23rd May, 20th Jun, 11th Jul, 5th Sep, 26th Sep, 17th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Meatballs in a Tomato Ragu Served with Spaghetti, Herby Bread & Broccoli (G) (W) (MK)	Chicken Pie served with Mashed Potato, Carrots and Cabbage (G) (W) (E) (MK)	Beef Lasagne served with Garlic Bread and Seasonal Vegetables (G) (W) (MK)	Farm Assured Roast Chicken with Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy (G) (W) (E) (MK)	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup (G) (W) (F)
Meat Free	Vegetable Meatballs in a Tomato Ragu Served with Spaghetti, Herby Bread & Broccoli (G) (W) (SO)	Roasted Vegetable pie served with Mashed Potato, Carrots and Cabbage (G) (W) (E) (MK)	Vegetable Lasagne served with Garlic Bread and Seasonal Vegetables (G) (W) (MK)	Quorn Roast with Roast Potatoes, Carrots and Broccoli Yorkshire Pudding and Gravy (G) (W) (E) (MK)	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup (G) (W)
Jackets	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad	Jacket Potato with Cheese and Baked Beans served with Fresh Salad
Lunchtime Lunchbox	(MK) Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	(MK) Ham Salad Sandwich Cheese Straw Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	(MK) Chicken Mayo Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE) (SO)	(MK) Tuna Mayo Sandwich Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts (G)(W)(F)(E)(SE)(SO)(SU)	(MK) Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (B) (E) (MK) (SE)
Desserts	Ginger Cake Fresh Fruit	Chocolate Sponge Fresh Fruit	Carrot Cake Fresh Fruit	Oat & Raisin Cookie Fresh Fruit	Chocolate Decker Fresh Fruit
	(G) (W) (E) (MK)	(G) (W) (E) (MK)	(G) (W) (E) (MK)	(G) (W) (MK)	(G) (W) (E) (MK)

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